

# PARENTS WHO HOST LOSE THE MOST

# BEING A RESPONSIBLE PARENT

## What parents should know:

- It is illegal to see, give or furnish alcoholic beverages to anyone under the age of 21, even your own kids.
- You cannot knowingly allow a person under the age of 21 to consume or possess alcoholic beverages in your home or other privately owned property.
- Adolescents drink less and have fewer alcohol related problems when their parents discipline them consistently and set clear expectations.

## If you break the law:

- You can face a maximum of one year in jail and/or a \$2,500 fine.
- If you provide alcohol to an underage youth and they are involved in a DUI accident, you could be liable legally and financially.



## Start by being a positive role model

- A GFK Roper Youth Report (2007) indicates that a majority (69%) of youth ages 13-17 cites their **parents** as the number one influence more than best friends, siblings or advertising on their decision about whether or not to drink alcohol.
- More than 1/3 of the alcohol consumed by middle school aged children came from their or their friend's parents or guardians (Herst et al, 2007).

## HELPFUL GUIDELINES

- Actively supervise all gatherings or parties of youth in your home or on your property or ask a responsible adult to do so.
- Set expectations for your children by knowing where they are going, whom they are with, what their plans are and when they will return home.
- Talk with your children about how to refuse alcohol and refuse a ride with an impaired driver.

